Specialized support group resources include:

* [**Abraham Low Self-Help Systems**](http://www.lowselfhelpsystems.org/)
* [**Adult Children of Alcoholics**](http://www.adultchildren.org/Meetings.s)
* [**Al-Anon/Alateen**](http://www.al-anon.org/meetings/meeting.html)
* [**Alcoholics Anonymous**](http://www.aa.org/en_find_meeting.cfm)
* [**AlcoholScreening.org**](http://www.alcoholscreening.org/Home.aspx)
* [**Alzheimer's Association**](http://www.alz.org/FindChapter.asp)
* [**American Association of Retired Persons Grief and Loss Information**](http://www.aarp.org/family/lifeafterloss/)
* [**American Association of Suicidology:**](http://www.suicidology.org/web/guest/support-group-directory) Support for family/friends that have lost a loved one to suicide
* [**Anxiety Disorders Association of America**](http://www.adaa.org/finding-help/getting-support/support-groups)
* [**Attention Deficit Disorder Association**](http://www.add.org/)
* [**Autism Society of America**](http://209.200.89.252/search_site/chapter_map.cfm)
* [**Brain Injury Association of America**](http://www.biausa.org/)
* [**Child and Adolescent Bipolar Foundation**](http://www.bpkids.org/site/PageServer?pagename=lrn_support)
* [**Children and Adults with Attention Deficit/Hyperactivity Disorder**](http://www.chadd.org/AM/Template.cfm?Section=Find_Local_CHADD_Chapters) (CHADD) In addition to support groups, CHADD has a [**section for parents**](http://www.chadd.org/AM/Template.cfm?Section=Especially_For_Parents) which includes many helpful resources  (look at list of options on right-hand side of the page) and a link that explains their [**Parent to Parent Family Training**](http://www.chadd.org/Content/CHADD/Conferences_Training/ParenttoParentProgram/Online_Parent_to_Parent_Class/default.htm) classes. For more information about these on-line training classes, review the information at the link we've provided or contact the CHADD national resource center at 1-800-233-4050.
* [**Children of Aging Parents (CAPS)**](http://www.caps4caregivers.org/about.htm) at 1-800-227-7294 (Offers support groups in a number of states; look at dropdown list accessible from Support tab on left hand side of the page. Also offers Caregiver Guide and other information)
* [**Co-Dependents Anonymous**](http://www.codependents.org/)and link to locate meetings[**http://www.codependents.org/ajax\_control.php?action=load\_translation&language=1**](http://www.codependents.org/ajax_control.php?action=load_translation&language=1)
* [**The Compassionate Friends Grief Support**](http://www.compassionatefriends.org/Local_Chapters/Chapter_Locator.aspx): After the death of a child (Use this link [**http://www.compassionatefriends.org/Local\_Chapters/Chapter\_Locator.aspx**](http://www.compassionatefriends.org/Local_Chapters/Chapter_Locator.aspx)to find groups in your area)
* [**CoSLAA**](http://www.coslaa.org/meetings/) Support groups for family and friends of people who have a sex addiction
* [**Debtors Anonymous**](http://www.debtorsanonymous.org/admin/index.php/find)
* [**Depression and Bipolar Support Alliance**](http://www.dbsalliance.org/site/PageServer?pagename=support_findsupport)
* [**Dual Diagnosis of Oregon, Inc.**](http://www.ddaoforegon.com/) (Although based in Oregon, offer support to those in other areas who wish to establish groups to help those who have both a mental health and alcohol/substance abuse condition)
* [**Dual Recovery Anonymous**](http://www.draonline.org/meetings.html): Support for those who have both a mental health and alcohol/substance abuse condition
* [**Emotions Anonymous**](http://allone.com/12/ea/)
* [**Federation of Families for Children’s Mental Health,**](http://www.ffcmh.org/whoweare/chaptersandstateorgs/chaptersandstateorgs.html) a parent support and advocacy network
* [**Freedom from Fear**](http://www.freedomfromfear.org/supportgroup.asp) (In addition to finding support groups, you can use the Finding Help/Resources tab on left hand side to access on-line support, e-mail support, and blogs)
* [**Gamblers Anonymous**](http://www.gamblersanonymous.org/mtgdirTOP.html)
* [**Gift from Within**](http://www.giftfromwithin.org/html/groups.html): [**Article for partners**](http://www.giftfromwithin.org/html/partners.html) (Support for both men and women with post-traumatic stress disorder. Use the Trauma Support tab at the top of the page to access a wide variety of support options.)
* [**Hospice Foundation of America**](http://www.hospicefoundation.org/griefAndLoss/) (Grief and Loss section includes link to find a local hospice office using link from left-hand side of the page; many offices offer grief support groups. National hospice office can be reached by calling 1-800-868-5171.)
* [**International Society for the Study of Dissociation**](http://www.isst-d.org/links-lists/links-selfhelp.htm)
* [**Male Survivor**](http://www.malesurvivor.org/survivors.html) (Discussion board and chat room for men who have been sexually abused can be accessed from Survivors tab on left hand side of the page)
* [**Narcotics Anonymous**](http://portaltools.na.org/portaltools/MeetingLoc/)
* [**The National Alliance on Mental Illness**](http://www.nami.org/Template.cfm?Section=Your_Local_NAMI&Template=/CustomSource/AffiliateFinder.cfm) (NAMI): A family support and advocacy organization
* [**National Eating Disorders Association**](http://www.nationaleatingdisorders.org/p.asp?WebPage_ID=347)
* [**National Family Caregivers Association**](http://www.thefamilycaregiver.org/ed/resources.cfm#1)
* [**O.A.S.I.S.**](http://www.udel.edu/bkirby/asperger/) (Autism and Asperger Syndrome support group information for both individuals and their family/friends; Support groups tab accessible from left-hand side of the page)
* [**Obsessive Compulsive Foundation**](http://www.ocfoundation.org/support-groups.html)
* [**Overeaters Anonymous**](http://www.oa.org/) Offer in-person, telephone, and on-line meetings
* [**Parents, Families and Friends of Lesbians and Gays**](http://community.pflag.org/NETCOMMUNITY/Page.aspx?pid=209&srcid=194) (PFLAG)
* [**Postpartum Support International**](http://www.postpartum.net/support-map.html) and link to support resources in your area[**http://postpartum.net/local-support**](http://postpartum.net/local-support) (National 24 hour Postpartum Depression Helpline 1.800.944.4PPD)
* [**Recovery International**](http://www.lowselfhelpsystems.org/meetings/)
* [**S-Anon International Family Groups**](http://www.sanon.org/meetings.htm) Support groups for family and friends of people who have a sex addiction
* [**Self Mutilators Anonymous**](http://www.selfmutilatorsanonymous.org/)
* [**Sex Addicts Anonymous**](http://www.sexaa.org/) (description of organization) and find a meeting link[**http://www.sexaa.org/Meetings/UnitedStates/**](http://www.sexaa.org/Meetings/UnitedStates/)
* [**Sidran Institute**](http://www.sidran.org/sub.cfm?sectionID=5) (Extensive information and resources on ptsd, dissociative disorder, trauma, and self injury; e-mail or call 1-888-825-8249 to request support group information)
* [**Survivors of Incest Anonymous**](http://www.siawso.org/Default.aspx?pageId=5135)  (Use the SIA Groups and Intergroups options on the left-hand side of the home page to find meeting information)
* [**The Arc**](http://www.thearc.org/NetCommunity/Page.aspx?&pid=207&srcid=183) (Support and information for people with mental retardation and related developmental disabilities and their families)
* [**Tourette Syndrome Association, Inc.**](http://www.tsa-usa.org/TSANatlLocal/TSANatlLocal_main.html)
* [**TARA Association for Personality Disorder:**](http://www.tara4bpd.org/dyn/index.php?option=content&task=view&id=13) National Borderline Personality Disorder Resource and Referral Center
* [**Trichotillomania Learning Center, Inc.**](http://www.trich.org/reaching_out/support_groups.asp)
* [**Well Spouse Foundation**](http://www.wellspouse.org/wsa-support/sgl-contacts/)
* [**Witness Justice**](http://www.witnessjustice.org/virtualCommunity/disclaimer.cfm) (Information, resources, and on-line support for victims of violence or trauma, their family and friends, and professionals)